

Relative significance of heredity, diet and occupational stress in coronary heart disease of young adults, based on an analysis of 100 patients between the ages of 25.

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Relative significance of heredity, diet and occupational stress in coronary heart disease of young adults, based on an analysis of 100 patients between the ages of 25 and a similar group of 100 normal control subjects.

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Abstract : In 10 years histories were collected from young adults, 97 men aged from 25 to 40 years, who had heart disorders, 89 with myocardial infarction with angina without infarction. The same methods were used for 100 similar diseases other than of the coronary vessels. The findings are summarised and case histories are quoted. The evidence was that heredity, diet and occupation had the closest relations to the occurrence of heart disease. For the groups in order 67 and 40 patients reported that one or both parents had died of coronary disease. 53 and 20 patients had inordinately large amounts [not stated] of fat in their diet and 20 had experienced occupational stress as measured by hours of work in a secondary occupation and psychic disturbance. Incidence of obesity, anaemia, exercise and use of tobacco were concluded not to be related to the occurrence of coronary disease.-D. Harvey.

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