


The Assassin and the Therapist: An Exploration of Truth in Psychotherapy and In Life.

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Title: The Assassin and the Therapist: An Exploration of Truth in Psychotherapy and In Life

Author(s): Justin Rock .

Source: Existential Analysis.

Document Type: Book review

Article Preview :

The Assassin and the Therapist: An Exploration of Truth in Psychotherapy and In Life. Jeffrey Kottler. (2010). London: Routledge The reader of The Assassin and the Therapist: An Exploration of Truth in Psychotherapy and In Life is experiencing two parallel yet interconnected stories at the same time. Author Jeffrey Kottler, begins the book by detailing the life story of an elderly man, Jacob, who in his youth had been recruited, trained, and operated as an assassin for the independent state of Israel. The story reads fast and has the reader on the edge of their seat as Kottler takes them on a whirlwind of secret and risky missions. Kottler's expertly developed depiction of Jacob's experiences as a young assassin is at times horrifying, yet always captivating. The story is deeply enriched by Kottler's struggle with believing and doubting Jacob. Kottler's willingness to address his own struggles with interpersonal relationships and trust invites the reader to look beyond the entertaining story to also examine his or her own

understanding of trust and relationships. One of the most interesting and engaging aspects of this book is Kottler's choice to begin interweaving both stories from the very beginning, while maintaining clarity and structure. For instance, while Section I (chapters two through 10) makes for a great spy novel and could be easily read on its own, the book's preface (chapter one) and Section Two (chapters 11-17) share the author's struggles with believing and trusting his hero, ultimately advancing the book from an entertaining read to a compelling story. The book starts off with Kottler recounting his introduction, meeting and building of a relationship with Jacob. Kottler and Jacob were introduced, both in the knowledge that Kottler was a writer and Jacob had an amazing life story. From the beginning the idea was to write a book that documented Jacob's amazing life. The...

Source Citation (MLA 8th Edition)

Rock, Justin. "The Assassin and the Therapist: An Exploration of Truth in Psychotherapy and In Life." *Existential Analysis*, vol. 23, no. 1, 2012, p. 184+. *Academic OneFile*, Accessed 26 July 2018.

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