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	Portrait of a Dalai Lama The Life and Times of the Great Thirteenth
	<a href="#">Bell, Charles Alfred</a>
	1998.01.01
	414
	Book Faith India
	Delhi, India [ , ]
	=Book
	=English
	<a href="#">_____</a> / <a href="#">Met@Cat</a>
	2002.06.25
	Reprint.
	- <a href="#">_=_command=Precept=sila=morality=rule=discipline=prohibitic</a> <a href="#">_=_Spiritual;__=_Tibetan Buddhism;__=Pan-chen Lama;_=_Lama</a> <a href="#">_=_Compassion=Metta=Loving Kindness=Maitri;__=Dalai Lama</a>
	<p>The Dalai Lama of Tibet are unique. A succession of fourteen have been guiding the spiritual life of the Tibetan people for nearly six centuries, and for three hundred years have held secular power as well. Revered as the human embodiment of Chenrezig the Buddha of Compassion they choose out of their great desire to benefit others, to reincarnate life after life as the Dalai Lama.</p> <p>Thubten Gyatso the Thirteenth Dalai Lama, was born to a peasant family in 1876. He was discovered brought to Lhasa and enthroned at the age of three. Educated as a monk he took over full power when he was eighteen and ruled until his death thirty-seven years later. His rule would prove to be more strong more radical and more complete than that of any Dalai Lama since the Great Fifth</p>
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<b>ISBN/ISSN/ISRC</b>	8173030979
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