

A Critical Study Of Indigenous Suture Materials WSR To Management Of Kshataja Vrana.

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Title: A Critical Study Of Indigenous Suture Materials W.S.R To Management Of Kshataja Vrana

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Kshataja Vrana,
Ashwa Bala,

Keywords: Guduchi Snayu,
Cotton Thread no 10,
Triphala Guggulu
Panchavalkala Churna.

Issue Date: 2010

Surgery is art and suturing is fine art. The people in the present era are too much conscious about their cosmetic look. In case of repair of external skin injury and after undergoing surgical procedure, everybody demands that there should be no scar or minimum scar formation. People are even undergoing cosmetic surgery to get rid of ugly scars. Keeping this fact in view, in the field of surgical practice, lot of emphasis has been given for search of scar less suturing materials and suturing techniques. Wound is the first disease faced by man since his very existence. Hence more emphasis on wound management has been given in Shalya Tantra. Sushruta has explained different types of suture materials like flax, grass, cotton threads, silk threads, hair, tendons, heads of giant ants, animal gut etc. Keeping this in mind, the present study an indigenous suture material Ashwa Bala and Guduchi Snayu are selected as a suture material in the management of Kshataja vrana. The patients suffering from Kshataja vrana or undergone any minor surgical procedure who fulfills the criteria of selection of the present study were selected. The patients were subjected for detail clinical examination and investigations as per the specially designed proforma. The present clinical study comprises of 30 patients. They were divided into three groups as Group-A, Group-B and Group-C each having 10 patients. The group-A patients were subjected to Seevana karma by Ashwa Bala. Group-B patients were sutured by Guduchi snayu and Group-C patients were sutured by Cotton thread no 10. All the three Group patients received Tab Triphala

Abstract:

Guggulu (500mg) 2 tabs Tid for ten day and Panchavalkala churna for local application. Seevana Karma done by Ashwa Bala showed very minimal scar formation, rare chance of infection. Seevana Karma done by Guduchi Snayu showed medium scar formation, rare chance of infection. Seevana Karma done by Cotton Thread no 10 showed medium scar formation, chance of infection.

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