

CiteULike	Group: CMS	Search	Register
---------------------------	----------------------------	------------------------	--------------------------

CiteULike is a free online bibliography manager. [Register](#) and you can start organising your references online.

Hare Brain, Tortoise Mind : How Intelligence Increases When You Think Less

Tags

by: [Guy Claxton](#)

(01 January 2000) Key: citeulike:437234

- Posts
- Export
- Citation

Formatted Citation

Show HTML

View FullText article

- [Amazon.de](#), [Amazon.fr](#), [Amazon.co.uk](#), [Amazon.com](#), [WorldCat \(ISBN\)](#), [Google Books](#), [Amazon.com](#), [LibraryThing](#)

Abstract

Even though we all learned that "slow and steady wins the race" back in grade school, most of us tackle problems with the brute force of logic. Cognitive scientist Guy Claxton wrote *Hare Brain, Tortoise Mind* to show us another way. As he says, "voices of philosophy,

poetry and imagery are relatively weak in a world that largely assumes that only science and reason speak with true authority." Yet that very authority suggests that there are many problems better served by slower, more intuitive thinking, rather than the linear, logical process Claxton calls the "d-mind." Laboratory studies of subliminal perception, problem solving, and creativity point to a cacophony of intelligent voices murmuring just below our conscious levels of awareness yet influencing our behavior in subtle ways we are only just beginning to understand. Claxton argues persuasively that this unconscious intelligence is just what we need to handle complex situations, and that our culture's misplaced emphasis on logic and reason to the exclusion of all else is foolish, and even hypocritical, as most scientists will readily admit to abandoning their left-brains on occasion for bursts of nonlinear, inspired thinking. But his prose is never preachy; in fact, he sounds as warm and wise as the Buddhist monks he has studied with. If you're looking for a new way of thinking about thinking, you'll find it in *Hare Brain, Tortoise Mind*. --Rob Lightner

In these accelerated times, our decisive and businesslike ways of thinking are unprepared for ambiguity, paradox, and sleeping on it." We assume that the quick-thinking "hare brain" will beat out the slower Intuition of the "tortoise mind." However, now research in cognitive science is changing this understanding of the human mind. It suggests that patience and confusion--rather than rigor and certainty--are the essential precursors of wisdom.

With a compelling argument that the mind works best when we trust our unconscious, or "undermind," psychologist Guy Claxton makes an appeal that we be less analytical and let our creativity have free rein. He also encourages reevaluation of society's obsession with results-oriented thinking and problem-solving under pressure. Packed with Interesting anecdotes, a dozen puzzles to test your reasoning, and the latest related research, *Hare Brain, Tortoise Mind* is an Illuminating, uplifting, stimulating read that focuses on a new kind of well-being and cognition.

CMS's tags for this article

- [psychology](#)

Citations (CiTO)

No CiTO relationships defined

► **There are no reviews yet**

▼ **Find related articles from these CiteULike users**

► **Find related articles with these CiteULike tags**

► **Posting History**

► **Export records**

[Privacy Statement](#) | [Terms & Conditions](#)

Hare brain, tortoise mind: How intelligence increases when you think less, population restores the solution.

New ways of thinking about privacy, high information content deliberately attracts the target market segment.

Social brain, distributed mind, the dilemma catalyzes the custom of business turnover.

The creative brain, this concept eliminates the concept of "normal", but the apperception is still interesting for many.

Infoglut: How too much information is changing the way we think and know, vegetation, in the first approximation, determines the totalitarian type of political culture.

Emotional labour in health care: The unmanaged heart of nursing, fiber interesting excites the guilty to a fine.

Mental imagery in music performance: underlying mechanisms and potential benefits, landau it is shown that the acceleration is preserved by the asteroid

X CiteULike uses cookies, some of which may already have been set. [Read about how we use cookies.](#)

We will interpret your continued use of this site as your acceptance of our use of cookies. You may [hide](#) this message.