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Issues in the Development, Practice, Training, and Research of Integrative Therapies

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Abstract

This commentary on the integrative case study of Ms. Q by Barbara Ingram (2009) aims to discuss relevant theoretical, clinical, research, and training issues in the development and practice of integrative/eclectic psychotherapy models. It begins with a description of the contributions and position of Ingram's model within the current psychotherapy integration literature. It then examines issues in the development and practice of psychotherapy integration approaches, and concludes by highlighting the urgent need for research on the effectiveness and training in integrative practices in naturalistic clinical settings.

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