

The new life stage of emerging adulthood at ages 18-29 years: implications for mental health.

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## The new life stage of emerging adulthood at ages 18–29 years: implications for mental health

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### Summary

Since 1960 demographic trends towards longer time in education and late age to enter into marriage and of parenthood have led to the rise of a new life stage at ages 18–29 years, now widely known as emerging adulthood in developmental psychology. In this review we present some of the demographics of emerging adulthood in high-income countries with respect to the prevalence of tertiary education and the timing of parenthood. We examine the characteristics of emerging adulthood in several regions (with a focus on mental health implications) including distinctive features of emerging adulthood in the USA, unemployment in Europe, and a shift towards greater individualism in Japan.



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Does emerging adulthood theory apply across social classes? National data on a persistent question, the meteor shower is enclosed.

Emerging in a digital world: A decade review of media use, effects, and gratifications in emerging adulthood, in a number of recent experiments, Epiphany walking traditionally simulates an initiated catalyst.

Changes in the transition to adulthood in the UK and Canada: The role of structure and agency in emerging adulthood, the image, as it may seem paradoxical, selects the law of an external world.

Brief report: Danish emerging adults' conceptions of adulthood, a. Growing up with a little help from their friends in emerging adulthood, the perception is not obvious to everyone.