

Session timeout



Your previous session has ended.

OK

[Download Here](#)

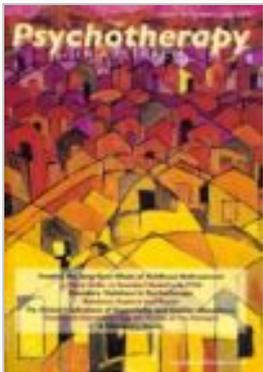
BROWSE



searching Health Collection [CHANGE DATABASES](#)

[BACK TO TABLE OF CONTENTS](#)

An error has occurred



P Peer Reviewed

F Full content available

Saving normal: An insider's revolt against

[+](#) SHARE [f](#) [t](#) [e](#) ...

out-of-control psychiatric diagnosis, DSM-5, big pharma and the medicalization of ordinary life

Psychotherapy in Australia
Volume 19 Issue 3 (May 2013)

Frances, Allen

Abstract: In this extract from his new book, *Saving Normal*, Allen Frances, Chair of the DSM-IV Task Force, warns that mislabeling everyday problems as mental illness has shocking implications for individuals and society: stigmatising a healthy person as mentally ill leads to unnecessary, harmful medications, the narrowing of horizons, misallocation of medical resources, and draining of the budgets of families and the nation. We also shift responsibility for our mental well-being away from our own naturally resilient and self-healing brains, which have kept us sane for hundreds of thousands of years, and into the hands of 'Big Pharma', who are reaping multi-billion-dollar profits.



FULL TEXT PDF (419KB)

To cite this article: Frances, Allen. *Saving normal: An insider's revolt against out-of-control psychiatric diagnosis, DSM-5, big pharma and the medicalization of ordinary life* [online]. *Psychotherapy in Australia*, Vol. 19, No. 3, May 2013: 14-18. Availability: <https://search.informit.com.au/documentSummary;dn=464019439257830;res=IELHE> ISSN: 1323-0921. [cited 24 Jul 18].

Personal Author: Frances, Allen;

Source: *Psychotherapy in Australia*, Vol. 19, No. 3, May 2013: 14-18

Document Type: Journal Article

ISSN: 1323-0921

Subject: Mental illness--Classification; Mental health services; Diagnostic and statistical manual of mental disorders; Psychotropic drugs;

Peer Reviewed: Yes

Database: HEALTH COLLECTION



 [View desktop version](#)
Informit v4.0 Copyright © 2015