

BABCP 2018

46th Annual Conference and Workshops

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PRE-CONFERENCE WORKSHOPS

Tuesday 17th July 2018.

9.30 am - 5.00pm

A programme of one-day workshops will be held on Tuesday 17th July. These workshops offer participants an opportunity to learn about the latest research and treatment of a range of problems.



Behavioral and Cognitive Therapy for Adult Obsessive Compulsive Disorder
Gail Steketee, Boston University, USA

Workshop 1 - More information..



The Assessment, Diagnosis, and Treatment of Anger Disorders
Ray di Guiseppe, St John's University, New York, USA

Workshop 2 - More information...

Cognitive Therapy for Post Traumatic Stress Disorder
Anke Ehlers, University of Oxford

Workshop 3 - More information...



Warranted or unwarranted? Smart use of DBT Emotion Regulation Skills to address Int
Michaela Swales, Bangor University

Workshop 4 - More information...



How to Build Wellbeing and Positive Emotions in Depression
Barney Dunn, University of Exeter

Workshop 5 - More information...



CBT for Eating Disorders: Developing Core Skills for Evidence-based Treatment
Hannah Turner, Southern Health NHS Trust & Glenn Waller, University of Sheffield

Workshop 6 - More information...



A Cognitive Interpersonal Approach to Staying Well after Psychosis.
Andrew Gumley, University of Glasgow

Workshop 7 - More information...



Thinking Effectively About Mood Swings (TEAMS) - Cognitive Therapy for Mood Swings
Sara Tai, University of Manchester



Workshop 8 - This workshop has been cancelled



Cognitive Therapy for Different PTSD Presentations in Children and Adolescents
Richard Meisser Stedman, University of East Anglia

Workshop 9 - More information...



Compassion Focused Therapy for Teens
Mary Welford, Compassion in Mind

Workshop 10 - More information...



The Therapeutic Relationship in Cognitive Behaviour Therapy
Stirling Moorey, South London and Maudsley NHS Trust

Workshop 11 - More information...



Using the Assessment of Core CBT Skills (ACCS) to Assess CBT Competences
Freda McManus, Stirling University

Workshop 12 - More information...

How to Conduct Single-case Experimental Designs to Guide Treatment
JD Smith, Northwestern University Feinberg School of Medicine, USA



Workshop 13 - More information...

Half day Workshop (13.45 – 17.00)

Exposure therapy in the 21st century

Michelle Craske, University of California, Los Angeles, USA

Workshop 14 - More information...

