Experiencing relational depth: self-development exercises and reflections.

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Abstract

This chapter outlines a series of self-development exercises that can be used in an individual or training context to help explore and deepen therapists' capacities to engage at relational depth Item type: **Book Section** ID code: 42198 **Keywords:** therapy, therapist, relational depth, counselling, Social Sciences (General) **Subjects:** Social Sciences > Social Sciences (General) **Department:** Faculty of Humanities and Social Sciences (HaSS) > School of Psychological Science and Health > Counselling **Depositing user: Pure Administrator Date deposited:** 24 Nov 2012 12:31 Last modified: 20 Jul 2018 23:19 **Related URLs:** Publisher **URI:** https://strathprints.strath.ac.uk/id/eprint/42198 **Export data:** RDF+XML Export **■** CORE (COnnecting REpositories)

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