

Effects of a Nutrition Education Program Using Childrens Books on Elementary School StudentsFood Preferences and Eating Behavior.

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Effects of a Nutrition Education Program Using Children`s Books on l Preferences and Eating Behavior
[Jung, Shin-Ae; Lee, Kyoung-Ae;](#)

Abstract

This study investigated the effects of a nutrition education program which eating behavior. The program used seven children`s books on the subject based on Multiple Intelligences. The subjects were divided into two group

regular practical arts lessons, while the experimental group took the addit First, the food preferences of the experimental group increased for variot which their preferences had been low, while their preferences for process experimental group improved more than that of the control group. Thus, preferences and eating behavior. Programs such as these can help childre to learn various subjects in books. In addition, this study suggests that chi

Keywords





children`s book;nutrition education;food preference;eating behavior;elen

Language




Korean

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